

2ND International Yoga Day celebrated at VSEZ on 21.06.2016

2ND International Yoga Day was celebrated at Visakhapatnam Special Economic Zone in association with VSEZ Units Association on 21.06.2016. Smt.Sobhana K.S.Rao,IFS Development Commissioner and Dr.G.Trinadh Kumar,IFS, Joint Development Commissioner and other senior officers and the members of the VSEZ Units Association have participated in the programme. Speaking on the occasion Development Commissioner has impressed the importance of Yoga and its multiple benefits on one's life and all should make it a habit to practise Yoga daily to improve the health.





